

MAMMA LOVES CAT.

EN*

The Mammaproof guide for
Family tourism in Catalonia




A genuine account by families who have visited,
savoured and captured the family-oriented side
of Catalan destinations.



*ENGLISH VERSION

**MAMMA
LOVES
CAT.**

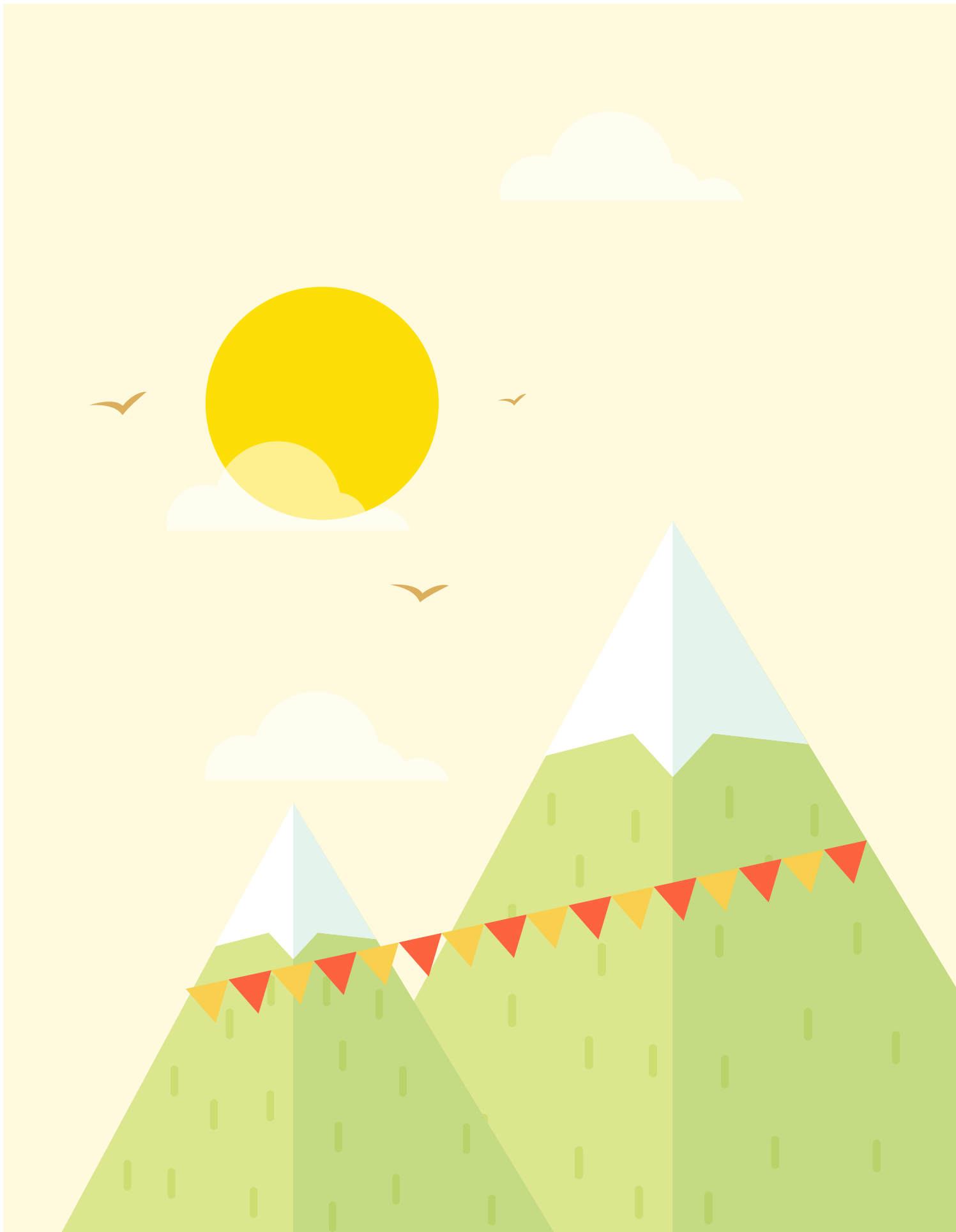




Mammaproof is a media outlet with its own community - one of urban mothers and fathers who defy logistical challenges, and go out to the street to discover the world through the eyes of their children. This guidebook is so much more than an advertisement tool for Catalonia; it is a genuine account by families who have visited, savoured and captured the family-oriented side of Catalan destinations. We did what we do best - we involved real families in a campaign to promote tried-and-tested places where families receive a special welcome. In this guidebook we share some of the reasons why #mammalovescat. Come in and make yourselves at home in Catalonia.

Mavi and Sarah

*mamma
proof*.ORG





Catalonia is a unique destination for family holidays due to its large cultural and natural attractions as well as the numerous leisure activities on offer. The Catalan coastline possesses numerous beaches equipped with services that cater for children. Plus, inland Catalonia is abundant with many protected natural spaces and areas of great interest famous for their unique flora and fauna.

The Family Holiday Destination (FHD) seal of approval created by the Catalan Tourist Board (ACT) distinguishes those towns that are particularly sensitive to this market segment, providing facilities and services adapted to the needs of families with children. These towns are certified as providing accommodation, catering and leisure and free-time facilities for younger visitors. Once verified by ACT inspectors, resorts are awarded the FHD seal of approval to certify that they provide such services and amenities.

Catalan Tourist Board (ACT)



CATALONIA IS YOUR HOME



COME OVER AND PLAY
AT MY PLACE!



Tamarit Beach – Costa Daurada



Generalitat de Catalunya
Government of Catalonia



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Learning to ski as a family. Snow-tube races. Fill your boots tucking into wild boar like Asterix and Obelix! Walk to a glacial lake. Caring for wild animals. Visit the home of the brown bear. Imagine life in a traditional mountain house. Trout fishing in the Noguera Pallaresa. Water sports on Lake Torrasa.

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6

VALL DE BOÍ BREAK

Explore sky-scraping churches. Discover the Romanesque through interactive play with screens and objects. Enjoy a delicious *escudella* stew and jaw-dropping views. Bathe among jets and bubbles. Touch and feed the trout. Be dazzled at El Planell d'Aiguestortes

P. 25



7

COSTA DAURADA BREAK

A wooden walkway floating on the sea. The fountains beckon you to play. A walk among the olive groves. Cambrils by train. Admire the Costa Daurada from the Mediterranean. Visit the city of the Iberians. Cool down sailing, kayaking or bodyboarding. Visit Hawaii on the Costa Daurada. Open-air spa. Boat ride at Port de la Drassana.

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8

BERGA + LA MOLINA BREAK

Enjoy the dramatized fight between good and evil. A tour of the town of Berga. A pony ride with views of the mountain. Visit to the Shrine of Queralt. Spa session at the hotel. Visit a shelter by cable car. Winter and summer sports. The beach at La Molina.

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+ ADDRESSES

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1

VALLS D'ÀNEU BREAK



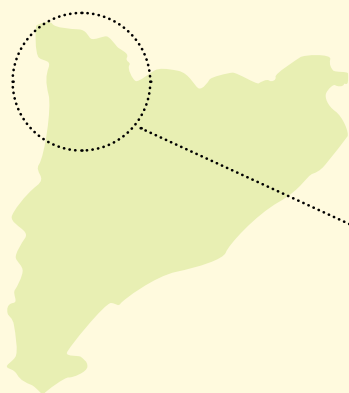
TESTED BY

MAVI

from
Mammaproof

Located in the Pyrenees in Lleida, Valls d'Àneu provides active families with a real natural paradise that includes charming traditional villages, valleys, rivers, pine forests and a landscape which is forty per cent alpine. An ideal break for active families who love nature and sports all year round, because when the winter sports season finishes, water sports and trout fishing take over. This family-oriented, multifaceted destination will please everyone!

You can read all about the experience at mammaproof.org



1. Learning to ski as a family
2. Snow-tube races
3. Fill your boots tucking into wild boar like Asterix and Obelix!
4. Walk to a glacial lake
5. Caring for wild animals
6. Visit the home of the brown bear
7. Imagine life in a traditional mountain house
8. Trout fishing in the Noguera Pallaresa
9. Water sports on Lake Torrassa

1

LEARNING TO SKI AS A FAMILY

Choose your boots, carry your kit to the piste, go up in the ski lift and down snowplough turning – you'll learn about this and a great deal more with an instructor in a small group. The green ski slope beside the ski lift exit is perfect for learning to ski with your family.



WHERE
ESPOT ESQUÍ

+INFO
WWW.SKIPALLARS.CAT

3

FILL YOUR BOOTS TUCKING INTO WILD BOAR LIKE ASTERIX AND OBELIX!

If you have little foodies in your family, they are bound to fill their boots with the excellent game served here in the mountains. For those after more traditional dishes, you're always safe choosing a tasty escudella stew, served at your discretion in an earthenware dish perfect for keeping in the warmth and aromas.



WHERE
ESPOT

+INFO
WWW.VALLSDANEU.ORG

4

WALK TO A GLACIAL LAKE



The lake of Sant Maurici is at an altitude of 1,910 m, at the bottom of a cirque glacier. The walk from the car park to the lake takes about 2 hours with kids, so if they are not used to walking, you can hire a 4x4 taxi service that leaves you at the lake for €4.35 per leg. Taxis go out every hour on the hour.

WHERE
AIGÜESTORTES I ESTANY DE SANT MAURICI
NATIONAL PARK

+INFO
AIGÜESTORTES I ESTANY DE SANT MAURICI
NATIONAL PARK OFFICIAL WEBSITE

2

SNOW-TUBE RACES

If you want to enjoy the pleasure of sliding on the snow but don't feel like skiing, just hop on a ski lift to the Amusement Area at the Espot Esquí ski resort, where you will find sleds and snow-tubes for sliding down the snow and have a blast with the kids. Useful tip: don't forget to use your feet to brake!

WHERE
AMUSEMENT AREA AT ESPOT ESQUÍ

+INFO
WWW.SKIPALLARS.CAT

5

CARING FOR WILD ANIMALS

In small groups, accompanied by a carer, you can help prepare food for the different wild animals living in this centre. You may see bearded vultures, lynxes, wild roosters, badgers, roe deer and genets. All of the animals you will see here are in their natural (although enclosed) habitat, to favour the mating and protection of the species.



WHERE
MÓN NATURA PIRINEUS WILDLIFE CENTRE

+INFO
MONNATURAPIRINEUS.COM

6

VISIT THE HOME OF THE BROWN BEAR

Casa Sastrès, in Isil (Pallars Sobirà), as the first interpretation centre about this species in Catalonia, has become the home of the Pyrenees bear. Visiting this centre is an invitation to find out more about the brown bear and learn about its territory. We recommend going on one of the hikes suggested, which start at the Museum House.

WHERE

CASA SASTRÈS DE ISIL (PALLARS SOBIRÀ)

+INFO

VALLS D'ÀNEU TOURIST INFORMATION OFFICE

7

IMAGINE LIFE IN A TRADITIONAL MOUNTAIN HOUSE

The Valls d'Àneu Ecomuseum is located in Casa Gassia, a traditional house in the old village of Esterri d'Àneu. The site has been restored so that visitors can get a glimpse into family life in mountain villages, without electricity, running water or toilets. The visit is an excellent chance to reflect on our own way of life, which is easy and abundant and often makes it easy to forget the value of natural resources.

WHERE

VALLS D'ÀNEU ECOMUSEUM IN ESTERRI D'ÀNEU

+INFO

VALLS D'ÀNEU ECOMUSEUM



8

TROUT FISHING IN THE NOGUERA PALLARESA



At the start of the season, the banks of the Noguera Pallaresa fill up with families itching to practise their favourite sport, fishing. Equipped with rods, hooks, bait and casting techniques, they compete to get their hands on the king of the river – the trout.



WHERE

LA GUINGUETA D'ÀNEU

+INFO

VALLS D'ÀNEU TOURIST INFORMATION OFFICE

9

WATER SPORTS ON LAKE TORRASSA

When the weather is good, Lake Torrassa is perfect for family water sports: kayaks, canoes and pedal boats are just some of the refreshing options we recommend for families who love mountains and water.

WHERE

LLAC DE LA TORRASSA ACTIVITIES CENTRE

+INFO

ROC ROI



Find all of the information you need to organise your own break [here](#)

2

PRADES MOUNTAINS + PORTAVENTURA BREAK

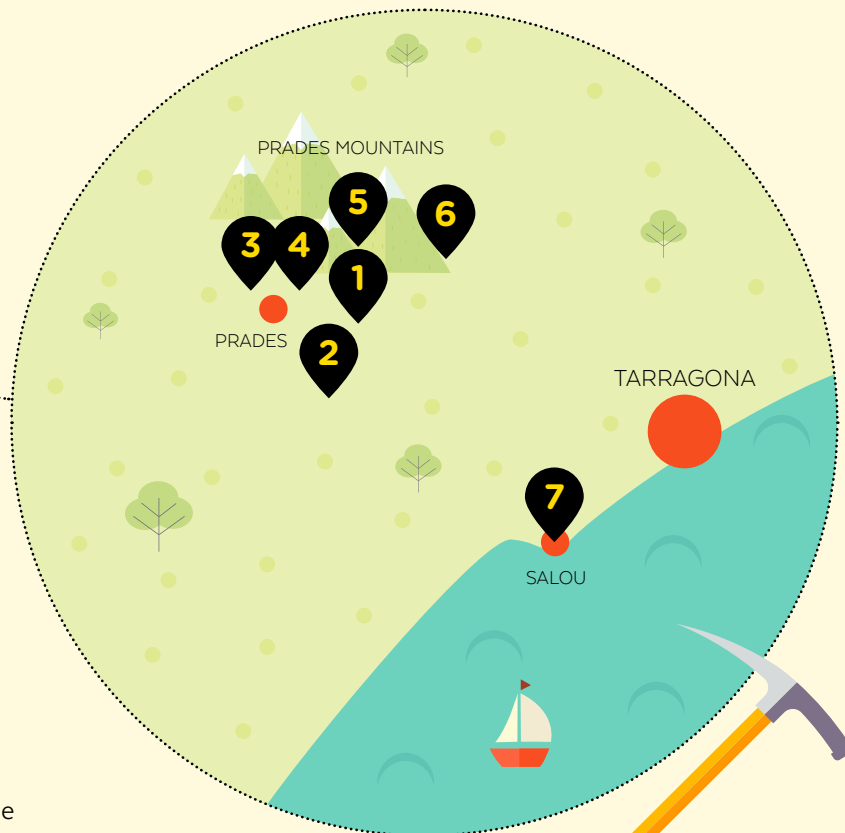
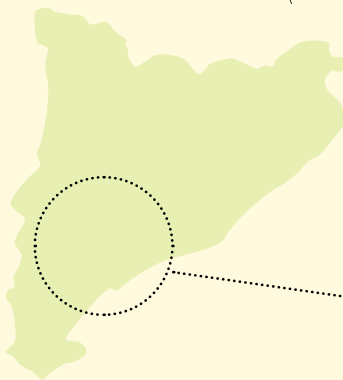


TESTED BY

MARIA JOSÉ
from Familias
Activas

The Prades Mountains are a site of great natural beauty, perfect for cycling among green mountains, passing through charming villages and discovering fountains, waterfalls, valleys and mountains with a great variety of habitats and landscapes. Located very near an area famous for its beaches, the Costa Daurada, this impressive nature spot offers visitors the chance to explore forests and waterfalls only a few kilometres from their favourite beach.

You can read all about the
experience at mammaproof.org



1. Go deep into a fairy forest
2. Visit an enchanted village
3. Learn about the history and monuments of Prades through a gymkhana competition
4. Cycle through the *villa roja* and its mountains
5. Non-stop climbing
6. Plunge into a swimming pool in the forest
7. Explore Sesame Street with Bert and Ernie

1

GO DEEP INTO A FAIRY FOREST

From Capafonts you can go on a trip to explore the wildest Mediterranean mountains. The signs guide you towards the heart of the forest and lead you to rivers and landscapes straight out of fairy tale books. The lush greens of the route provide our lungs with a much needed breath of fresh air, and the crystalline waters never fail to captivate visitors. We recommend going at least as far as Les Tosques via the 'Camí de la Llúdriga', or Otter Trail.



WHERE

CAPAFONTS

+INFO

CAPAFONTS TOURIST INFORMATION

2

VISIT AN ENCHANTED VILLAGE

Those who visit La Mussara will be greeted by mist and curves. Abandoned since 1959 and located at an altitude of 990 metres in the heart of the Prades Mountains, this place brimming with legends offers wonderful, enchanted views of El Camp de Tarragona.



WHERE

LA MUSSARA

+INFO

LA TEVA RUTA

3

LEARN ABOUT THE HISTORY AND MONUMENTS OF PRADES THROUGH A GYMKHANA COMPETITION

Why is Prades known as the *villa roja*, or red town? What is special about the fountain in the centre of the Plaça Major, the town square? What happened to its castle? Grown-ups and kids will form teams or groups that will investigate and show their knowledge in this fun family competition.

WHERE

PRADES

+INFO

LA TEVA RUTA

4

CYCLE THROUGH THE VILLA ROJA AND ITS MOUNTAINS



The landscape is a blend of red hues and lush greens. A warning to city cyclists – if you are using kids' seats, you'll be putting your legs to the test! Perfect for active families who are fans of cycle paths that run through lush forests and lead to lovely picnic areas.

WHERE

PRADES

+INFO

SOBRERODES



5

NON-STOP CLIMBING

Mas Fortet offers a whole range of sports options. There is no danger of boredom in this restored 18th-century country house converted into a summer camp venue. You can choose to go on day trips around the surrounding area, or practise archery or the highly addictive sport of climbing. Kids always get a new burst of energy when they are having such a great time.



WHERE
MAS FORTET

+INFO
CAPAFONTS TOURIST INFORMATION

6

PLUNGE INTO A SWIMMING POOL IN THE FOREST



The River Brugent has a hidden treasure: the Toll de l'Olla, a kind of basin or 'pot' (olla) formed by the erosion of the river waters. A natural swimming pool in the middle of the forest - the perfect place to cool off just a few kilometres away from Farena, a charming stone-built village.

WHERE
TOLL DE L'OLLA IN FARENA

+INFO
WWW.PRADES.CAT

7

EXPLORE SESAME STREET WITH BERT AND ERNIE

Tribes who love Sesame Street can make the most of the proximity of the Prades Mountains to the PortAventura theme park. Here they will find SésamoAventura, a theme area devoted to Bert, Ernie and their friends - for fans all ages and sizes!



WHERE
PORT AVENTURA

+INFO
SÉSAMOAVENTURA STATION

3

COSTA BARCELONA BREAK

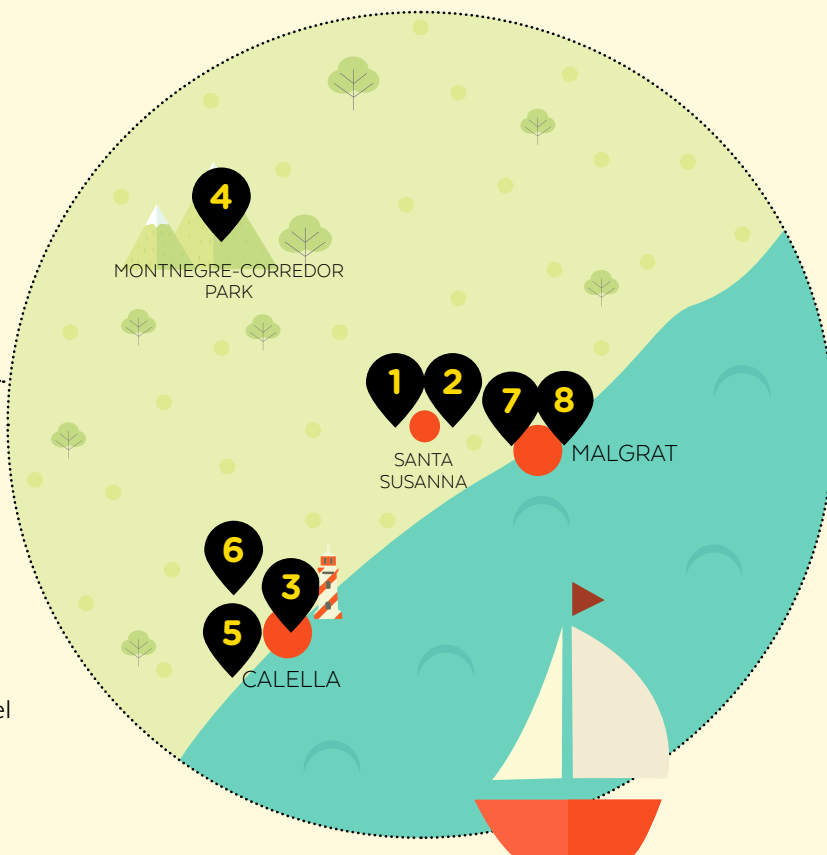
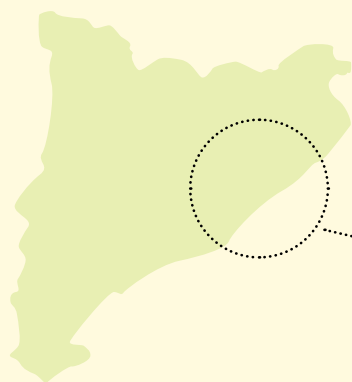


TESTED BY

ANA

from
Mammaproof
Barcelona

You can read all about the
experience at mammaproof.org



1. Stay at a beachfront hotel with a pool and a kids club
2. A ride in a horse-drawn cart
3. Views from Calella lighthouse
4. A guided tour around El Montnegre i el Corredor Park
5. Dip in the sea and climb at Cala Rocapins
6. Visit an air-raid shelter
7. A play session at Francesc Macià Park
8. Foam party at a mini club for kids

1

STAY AT A BEACHFRONT HOTEL WITH A POOL AND A KIDS CLUB

You don't need to get on an airplane to find a beachfront hotel with a pool, a kids club, and an all-inclusive board option. You'll find great hotels that take into account all the needs of families without leaving the coast of Barcelona.

WHERE

SANTA SUSANNA

+INFO

ACCOMMODATION WITH THE FAMILY HOLIDAY SEAL



3

VIEWS FROM CALELLA LIGHTHOUSE

Located on a promontory 50 metres above sea level, the walk on foot to this lighthouse is well worth it if you want to appreciate the views of the whole coast of Barcelona. The light of this lighthouse is still used for navigation by sailors, who know it for its flashes, 3 and 2, every 30 seconds.



WHERE

CALELLA LIGHTHOUSE

+INFO

CALELLA TOURIST INFORMATION OFFICE

2

A RIDE IN A HORSE-DRAWN CART

Can Mestres is an 18th-century country house located in the area immediately surrounding El Montnegre i el Corredor Park, which offers families rides on a horse-drawn cart along Santa Susanna, the lakes of El Montnegre and the Chapel of Sant Rafael. Kids will enjoy the option of hooking a carriage onto the cart, and riding Wild West-style!



WHERE

NOU RANXO

+INFO

WWW.NOURLANXO.COM

4

A GUIDED TOUR AROUND EL MONTNEGRE I EL CORREDOR PARK

A route through pine forests that go all the way down to the sea, led by an expert in local nature trained at the ENC, the El Corredor Nature School. The tour lasts 3-4 hours and we recommend taking appropriate footwear, plenty of water and all of your enthusiasm for discovering and enjoying the Park's landscapes and most beautiful spots.

WHERE

EL MONTNEGRE I EL CORREDOR PARK

+INFO

GUIDED TOURS

5

DIP IN THE SEA AND CLIMB AT CALA ROCAPINS

This forms part of the Platja de les Roques group of coves. From the lighthouse car park you can follow a track that will take you to the cove, which is famous for its climbing wall. So, as well as improving their climbing skills, children can cool off by plunging into the crystalline waters of the Mediterranean.

WHERE

CALA ROCAPINS

+INFO

CALELLA TOURIST INFORMATION OFFICE

6

VISIT AN AIR-RAID SHELTER

The Dalmau Park air-raid shelter forms part of Catalonia's network of historical memory sites. The site has been converted into a museum, complemented by explanatory panels and a series of audiovisual war testimonies, in which different people from Calella share their experiences from the Civil War and the post-war period. Very moving.



WHERE

DALMAU PARK

+INFO

CALELLA

7

A PLAY SESSION AT FRANCESC MACIÀ PARK

A huge play area for all ages, with sand pits, zip-lines and giant objects that seem to have been plucked straight from kids' stories, which are bound to stimulate everyone's imagination. The Park is an excellent option for spending hours of fun with the kids – take your picnic basket, a blanket and enjoy its refreshing green areas to sneak in a nap.



WHERE

FRANCESC MACIÀ PARK

+INFO

MALGRAT DE MAR TOURIST INFORMATION OFFICE

8

FOAM PARTY AT A MINI CLUB FOR KIDS

During the months of July and August, families can enjoy the fun Astillero Beach in the town of Malgrat de Mar, with *chiringuitos* (beach bars), activities and a kids' mini club within the pine grove. The area is right in front of the Sant Roc shopping centre, and has games and workshops for kids with supervisors. It is open to the public from Monday to Sunday, from 11 am to 2 pm and from 4 pm to 6 pm. The foam party held every Friday morning provides the icing on the cake.

WHERE

ASTILLERO BEACH,
MALGRAT DE MAR

+INFO

MALGRAT TOURIST OFFICE



Build your own adventure using the information
you will find here:

www.turismemalgrat.com
www.stasusanna-online.com
www.pinedademarturisme.com
www.calellabarcelona.com

4

COSTA BRAVA SUD BREAK



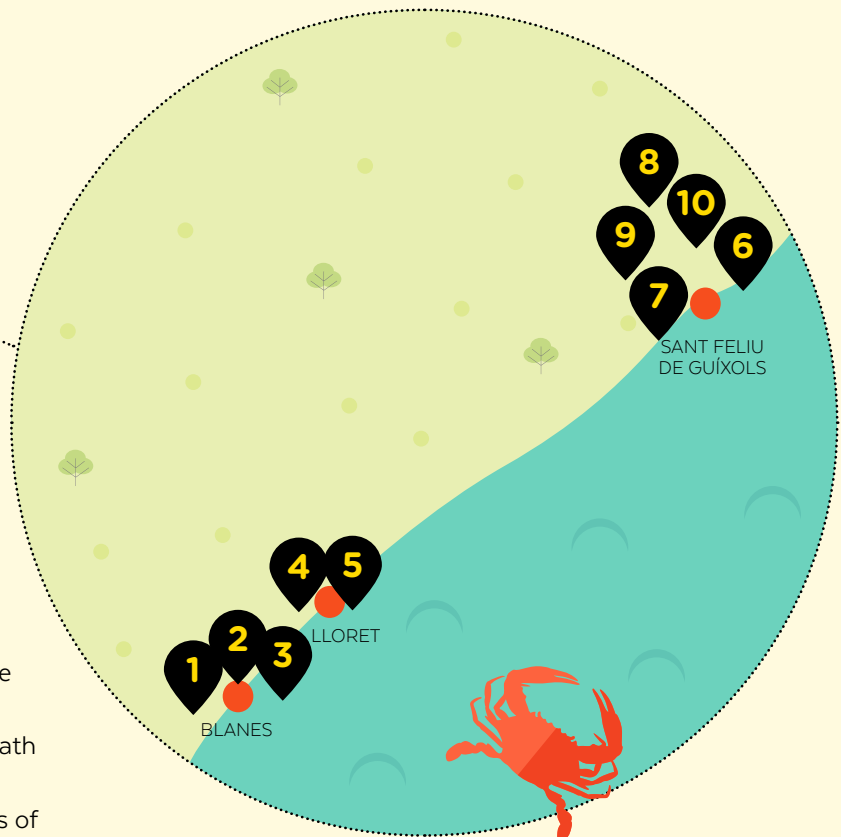
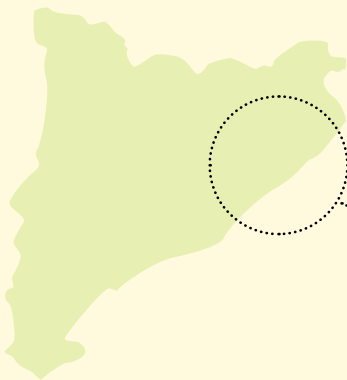
TESTED BY

MAVI

from
Mammaproof

You don't have to go far to enjoy coves with white sand, turquoise water and Mediterranean vegetation. On this occasion, we are taking you to a series of coastal spots which boast the Family Holiday Destination seal, thanks to the range of infrastructures and services on offer adapted to the needs of families. Blanes, Sant Feliu de Guíxols, Castell-Platja d'Aro and Lloret de Mar are the first towns along this rural, seafaring coast so wonderfully described by the poet Ferran Agulló.

You can read all about the experience at mammaproof.org



1. Climb to the top of Sa Palomera
2. Family gymkhana in Blanes
3. Learn about botany at the Marimurtra Botanical Gardens
4. Twilight at the gardens of Santa Clotilde
5. Strip off at Sa Boadella
6. A walk down the Camí de Ronda footpath
7. Catamarans for newbie sailors
8. Zig-zagging through the winding streets of a medieval village
9. Miniature steam locomotive
10. Cycle along a *via verda* to the sea



Build your own adventure using the information you will find here: Platja d'Aro, Blanes, de Sant Feliu de Guíxols and Lloret Tourist Information Offices.



1

CLIMB TO THE TOP OF SA PALOMERA

This promontory is considered to be the starting point of the Costa Brava. If you are visiting Blanes, you must climb it or go up the stairs. Many couples have sworn each other eternal love at the lookout, if the huge number of locks decorating the rusty railing is anything to go by!



WHERE
SA PALOMERA, BLANES

+INFO
BLANES TOURIST INFORMATION OFFICE



2

FAMILY GYMKHANA IN BLANES

Starting at the Tourist Information Office, this family gymkhana activity will bring you closer to the interesting facts about Blanes, its architecture, its history, its fauna and flora. A game of clues conceived for children aged 8 to 12.

WHERE
BLANES



+INFO
BLANES TOURIST INFORMATION OFFICE

3

LEARN ABOUT BOTANY AT THE MARIMURTRA BOTANICAL GARDENS

Get the train at Blanes promenade to reach this marvellous botanical garden created thanks to the passion for plants of a German humanist entrepreneur by the name of Karl Faust. We recommend a guided tour with one of the instructors to fully appreciate the variety and richness of this natural landscape.



WHERE
MARIMURTRA BOTANICAL GARDENS, BLANES



+INFO
MARIMURTRA BOTANICAL GARDENS

4

TWILIGHT AT THE GARDENS OF SANTA CLOTILDE

A romantic garden with sublime statues, lookouts to the typical Costa Brava cliffs and hundreds of paths where your kids can run around and/or play at being botanists, guessing fragrances and flowers.

WHERE
SANTA CLOTILDE GARDENS, LLORET DE MAR

+INFO
SANTA CLOTILDE GARDENS



5

STRIP OFF AT SA BOADELLA



A picture-perfect naturist beach with stunning rocks that protect it from the Mediterranean Sea when it gets rough. Easy to access from the car park at the Santa Clotilde Gardens, this beach also has a *chiringuito* or beach bar where families will find something to eat and drink.

WHERE
SA BOADELLA BEACH

+INFO
LLORET TOURIST INFORMATION OFFICE



6

A WALK DOWN THE CAMÍ DE RONDA FOOTPATH

We recommend starting off with a refreshing plunge in the waters of Sant Pol Beach and then start a walk with the kids that lasts approximately two hours, stopping off at little coves along the way, full of passageways, lookouts and magnificent houses to admire.

WHERE
FROM SANT POL BEACH TO SANT FELIU DE GUÍXOLS

+INFO
SANT FELIU DE GUÍXOLS TOURIST INFORMATION OFFICE



7

CATAMARANS FOR NEWBIE SAILORS



Beachfront facilities with hammocks, trampolines, buckets and spades in a chill-out atmosphere that will make the kids feel right at home. This school organises summer camps, rents out kit and also hires out catamarans for newbie sailors, accompanied by an instructor.



WHERE

SANT FELIU DE GUÍXOLS BEACH

+INFO

FORÇA 3 SAILING SCHOOL

8

ZIG-ZAGGING THROUGH THE WINDING STREETS OF A MEDIEVAL VILLAGE

Take a walk through the stone-built streets of this gorgeous medieval village, which will lead you past lanes, castles and an old dolls museum. If it's Christmas time, you will be treated to one of Catalonia's most beautiful living Nativity scenes.



WHERE

CASTELL-PLATJA D'ARO

+INFO

PLATJA D'ARO TOURIST INFORMATION OFFICE

9

MINIATURE STEAM LOCOMOTIVE

Before tourism arrived here, there was a train that brought coastal towns fresh produce from inland areas. The station of Castell-Platja d'Aro has been maintained as the home of a miniature replica of the steam locomotive that used to go to Sant Feliu de Guíxols. On Saturday, an aficionado starts it up to the great delight of the little ones.



WHERE

OLD STATION OF CASTELL-PLATJA D'ARO

+INFO

PLATJA D'ARO TOURIST INFORMATION OFFICE

10

CYCLE ALONG A VIA VERDA TO THE SEA

Between Girona and Sant Feliu de Guíxols there is a *via verda*, or greenway, known as 'El Carrilet', which was also the name of the old narrow-track train that was the preferred means of transport for Girona locals looking to get to the beaches of Sant Feliu. Nowadays, families can enjoy cycling along all of its 54 km, with minimal difficulty.



WHERE

OLD STATION OF CASTELL-PLATJA D'ARO

+INFO

EL CARRILET GREENWAY

5

COSTA BRAVA NORD BREAK



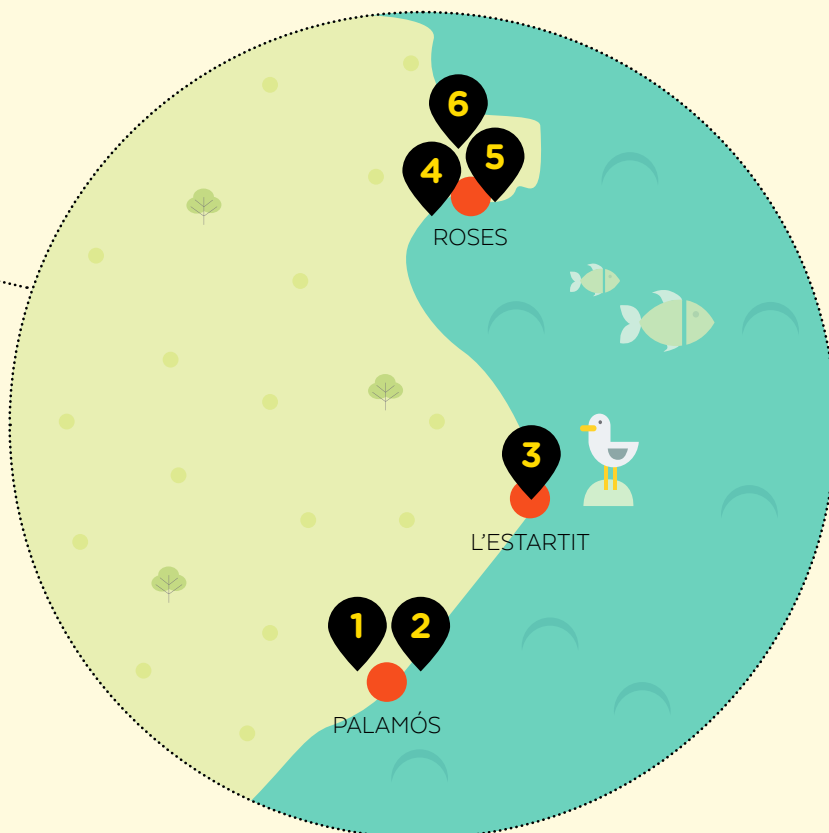
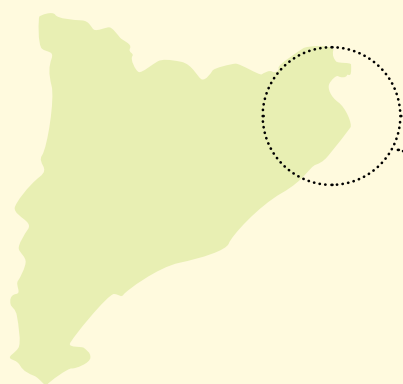
TESTED BY

DIANA

from Jan Petit

The green vegetation and the intense blue of the sea make for a stunning combination of different, rich habitats, both coastal and inland. In addition to this wonderful landscape, visitors can enjoy an architectural heritage that boasts an impressive group of medieval buildings. Its paradisiacal beaches have everything to make them welcoming, with plenty of services and activities specially conceived for children. The northern Costa Brava is, without a doubt, a great family destination.

You can read all about the experience at mammaproof.org



1. Cultivating vineyards and fruit trees respecting the rhythms of nature
2. Play 'Pony Games'
3. Wow, just look at the bottom of the sea!
4. Enjoy history and nature
5. Discover oases for kids
6. Breath-taking panoramic views

1

CULTIVATING VINEYARDS AND FRUIT TREES RESPECTING THE RHYTHMS OF NATURE

Learn with farmers that safeguard a family-based, traditional approach to agriculture, focused on home-grown crops and direct, producer-to-consumer sales. Family hiking among vineyards looking out to the sea, fruit trees and vegetable gardens. Agritourism in its purest state, to the rhythm of the *tramuntana*, or northerly, wind.

WHERE

MAS MOLLA

+INFO

WWW.MASMOLLA.COM



2

PLAY 'PONY GAMES'

Discovering the Les Gavarres Area of Natural Interest on horseback is an unforgettable experience. For aspiring horse riders, the Hípica Unicorn equestrian centre offers you the chance to test your skills by playing the 'Pony Games'. It may be the start of a great friendship!



WHERE

HÍPICA UNICORN

+INFO

WWW.HIPICAUNICORN.COM

3

WOW, JUST LOOK AT THE BOTTOM OF THE SEA!

An outing in a glass-bottom boat is just the thing to make the marvels living at the bottom of the sea more accessible to kids. And what better place to do it than the Medes Islands, with their wonderful natural heritage bursting with biological and ecological richness – it's a real sight for sore eyes!



WHERE

MEDES ISLANDS

+INFO

TORROELLA DE MONTGRÍ | L'ESTARTIT
TOURIST INFORMATION OFFICE



4

ENJOY HISTORY AND NATURE

An archaeological park of great historical and cultural value, the Ciutadella de Roses, with its wonderful natural setting, is perfect for a history lesson that proves fun and pleasurable for people of all ages.

WHERE

CIUTADELLA DE ROSES



+INFO

ROSES TOURIST INFORMATION OFFICE

5

DISCOVER OASES FOR KIDS

The Roses promenade features kids' play areas located just a few steps away from the sea – real life-saving oases for kids, just the ticket for taking a small and well-needed break from your tourist schedule. Any kids' play park, however simple, acquires a special character in such an idyllic spot.

WHERE

PASSEIG MARITIM, ROSES



+INFO

ROSES TOURIST INFORMATION OFFICE



6

BREATH-TAKING PANORAMIC VIEWS



Extraordinary views that will truly take your breath away. The Roses Express allows all of the tribe to enjoy a beautiful combination of lush greens and different hues of blue. A very comfortable way of enjoying the incomparable beauty of Roses and Cape Creus. Top it off by having a picnic on the highest mountain of Cape Creus. Enjoy!

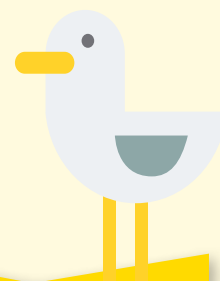
WHERE

ROSES AND CAP DE CREUS



+INFO

ROSES AND CAP DE CREUS EXPRESS
CULTURAL TOURIST TRAIN

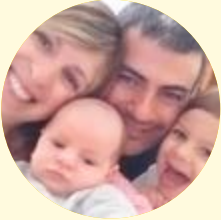


+ info

www.visitestartit.com/es
www.calonge-santantoni.com
www.visit.roses.cat

6

VALL DE BOÍ BREAK



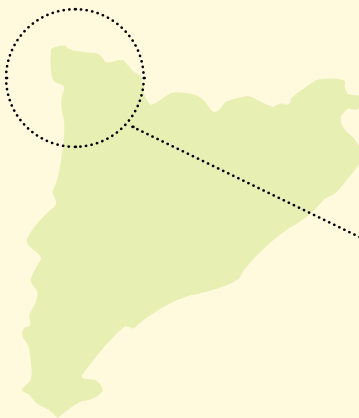
TESTED BY

MARIA

from Hansel
y Greta

An exceptional Romanesque site declared a UNESCO World Heritage site; a nature park comparable to paradise on earth; the highest ski resort in the Pyrenees; and a large number of pure thermal fountains are just a few of the reasons why you should visit the Vall de Boí. Here, where the Pyrenees touch the sky, you'll be charmed by the genius of human creativity and by nature in its purest state, whatever the season.

You can read all about the
experience at mammaproof.org



1. Explore sky-scraping churches
2. Discover the Romanesque through interactive play with screens and objects
3. Enjoy a delicious *escudella* stew and jaw-dropping views
4. Bathe among jets and bubbles
5. Touch and feed the trout
6. Be dazzled at El Planell d'Aigüestortes

1

EXPLORE SKY-SCRAPING CHURCHES

The Vall de Boí is considered a World Heritage Site thanks to the large number of churches built in the same architectural style concentrated in such a small space. Here, with this backdrop of exuberant nature, the human genius materialises in stone and invites us to reach for the sky.



WHERE
VALL DE BOÍ

+INFO
VALL DE BOÍ TOURIST INFORMATION OFFICE

2

DISCOVER THE ROMANESQUE THROUGH INTERACTIVE PLAY WITH SCREENS AND OBJECTS

Technology at the service of history. Inside a World Heritage building, colours and sounds capture the attention of grown-ups and kids alike, and bring visitors to the Vall de Boí closer to the history of Catalonia and its architecture.



WHERE
VALL DE BOÍ ROMANESQUE CENTRE

+INFO
WWW.CENTREROMANIC.COM

3

ENJOY A DELICIOUS ESCUDELLA STEW AND JAW-DROPPING VIEWS

Gastronomy is an essential component of a people's culture. The natural isolation of Vall de Boí has led, over time, to the creation of a genuine mountain cuisine, made with local natural resources and using old traditional recipes. Here, the *escudella* stew, a big favourite with kids, becomes a great feast for the senses.

WHERE
EL CALIU

+INFO
WWW.ELCALIUTAULL.COM

4

BATHE AMONG JETS AND BUBBLES

The Romans were already well acquainted with the therapeutic effects of these thermal waters, which emerge at an altitude of 1,500 meters. There are thirty-seven medicinal mineral water fountains with different compositions and temperatures (ranging from 4° to 56°C). And let's not forget the swimming pools, the gardens, and of course, the jets and the bubbles.

WHERE
CALDES DE BOÍ

+INFO
WWW.CALDESDEBOI.COM

5

TOUCH AND FEED THE TROUT

Kids will love the experience of walking among trout pools and going up and down slides while watching playful otters. The El Pont de Suert Wildlife Centre helps to conserve and breed protected and certain endangered species, and it is the perfect place to learn about looking after and enjoying nature.

WHERE
EL PONT DE SUERT WILDLIFE CENTRE

+INFO
VALL DE BOÍ TOURIST INFORMATION OFFICE

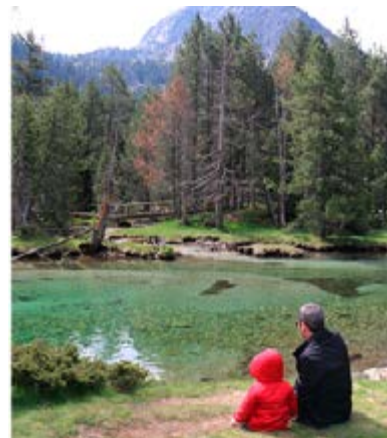
6

BE DAZZLED AT EL PLANELL D'AIGÜESTORTES

Catalonia's only national park dazzles its visitors at any time of the year. Hundreds of ponds of different shapes and colours, rivers, gullies and waterfalls shine under the imposing peaks of an altitude of more than 3,000 metres. At El Planell de Aigüestortes there is a completely flat circular route, ideal for enjoying this landscape with kids.

WHERE
AIGÜESTORTES I ESTANY DE SANT MAURICI
NATIONAL PARK

+INFO
AIGÜESTORTES I ESTANY DE SANT MAURICI
NATIONAL PARK



7

COSTA DAURADA BREAK



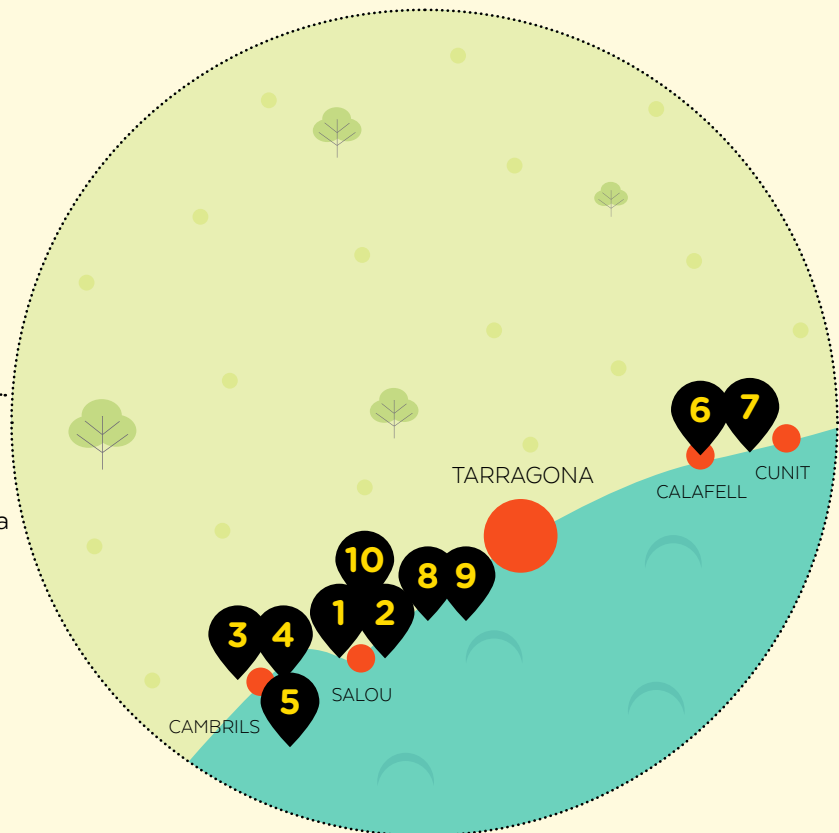
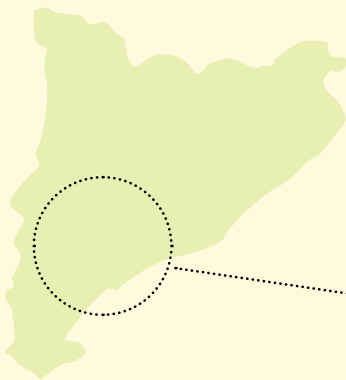
TESTED BY

SARAH

from
Mammaproof

The ruins and monuments along the Costa Daurada testify to the importance of the area at different points in time. It also boasts castles brimming with history, leafy pine forests with views of the sea and Camí de Ronda coastal paths that lead to stunning coves. The sea is warm, with crystalline, calm waters that invite us to dip in again and again. In the horizon you can catch a glimpse of the gleaming metal sculptures of its theme parks. Welcome to the Costa Daurada!

You can read all about the
experience at mammaproof.org



1. A wooden walkway floating on the sea
2. The fountains beckon you to play
3. A walk among the olive groves
4. Cambrils by train
5. Admire the Costa Daurada from the Mediterranean
6. Visit the city of the Iberians
7. Cool down sailing, kayaking or bodyboarding
8. Visit Hawaii on the Costa Daurada
9. Open-air spa
10. Boat ride at Port de la Drassana



+ info

www.visitsalou.eu

www.cambrils.cat

www.lapinedaplatja.info

www.turisme.calafell.cat

1

A WOODEN WALKWAY FLOATING ON THE SEA

A wooden walkway allows you to 'float on the sea', along a path that unveils the hidden beaches and coves of the beautiful area of Cape Salou. Take a walk along the Camí de Ronda in Salou, when the light at the end of the afternoon reminds us why the area is known as the 'golden coast'!



WHERE

SALOU

+INFO

SALOU TOURIST INFORMATION OFFICE

2

THE FOUNTAINS BECKON YOU TO PLAY

Salou is the town of fountains - lit fountains, ornamental fountains, cybernetic and maze-shaped fountains. Water, light and sound play is part of dusk in Salou. Who could resist taking a walk through a water maze?

WHERE

SALOU

+INFO

SALOU TOURIST INFORMATION OFFICE

3

A WALK AMONG THE OLIVE GROVES

This is a very different adventure park, located among hundreds of olive trees, which, with its organic vegetable garden, bridges and zip-lines, makes for a sustainable leisure option that is a hit with people of all ages.

WHERE

JUMLAND AVENTURA ECOLÒGICA

+INFO

WWW.JUMLANDAVENTURA.COM

4

CAMBRILS BY TRAIN

A pleasant, leisurely way of exploring the town of Cambrils and finding out more about its key sites. Taking the tourist train in a town where the sea is the main focus proves to be a very relaxing experience.



WHERE

CAMBRILS

+INFO

CAMBRILS TOURIST INFORMATION OFFICE

5

ADMIRE THE COSTA DAURADA FROM THE MEDITERRANEAN

A boat outing is perfect for appreciating the beauty of the Costa Daurada from the sea. Stop off at neighbouring ports to explore the villages and beaches, while you leave your car behind for a few days.



WHERE

CAMBRILS

+INFO

CREUERS COSTA DAURADA



6

VISIT THE CITY OF THE IBERIANS

Experience the life of the Iberians thanks to a careful on-site reconstruction of the sites at the Iberian Citadel of Calafell. Among stones, shields and earthenware bowls, the entire tribe will enjoy a fun history lesson.



WHERE

IBERIAN CITADEL OF CALAFELL

+INFO

CALAFELL HISTÒRIC

9

OPEN-AIR SPA

In a theme park perfect for those who love relaxing in water as well experiencing thrills, you can also choose to enjoy an open-air spa. Geysers, hot tubs, benches and hammocks for grown-ups and kids to enjoy and relax.



WHERE
AQUOPOLIS



+INFO
COSTA-DORADA.AQUOPOLIS.ES

7

COOL DOWN SAILING, KAYAKING OR BODYBOARDING

A typical postcard from Calafell might feature fine sand, transparent waters and colourful sails. On the beachfront you will find all of the services you need to make the most of that very appealing sea.



WHERE

CALAFELL SAILING SCHOOL

+INFO

CALAFELL TOURIST INFORMATION OFFICE

8

VISIT HAWAII ON THE COSTA DAURADA

At Aquopolis, located at La Pineda Platja, you'll find the perfect beach for the entire tribe. Aloha Beach is a beautiful beach that recalls Hawaii, with its palm trees, fine sand and thatched tiki umbrellas, transporting you to a distant, exotic coast.



WHERE

AQUOPOLIS



+INFO

COSTA-DORADA.AQUOPOLIS.ES

10

BOAT RIDE AT PORT DE LA DRASSANA

PortAventura is brimming with attractions, stimulation and activities for all ages. If you are visiting with young kids, we recommend resting your legs a little by going for a boat ride at the pleasant Port de la Drassana (in the Mediterranean theme area).

WHERE

PORT AVENTURA



+INFO

MEDITERRÀNEA

8

BERGA + LA MOLINA BREAK

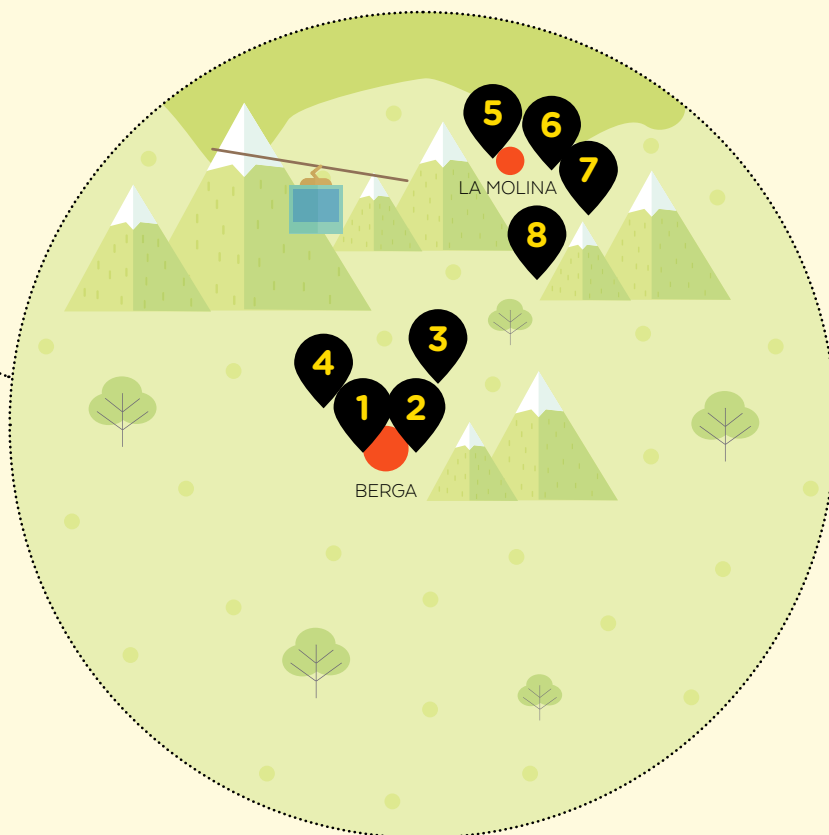
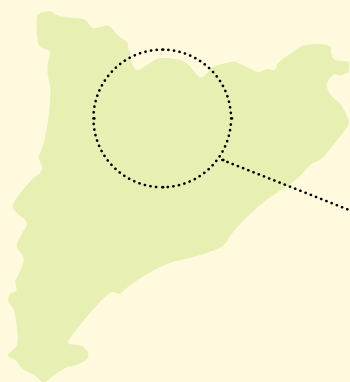


TESTED BY

LAIA

from
Mammaproof
Barcelona

You can read all about the
experience at mammaproof.org



1. Enjoy the dramatized fight between good and evil
2. A tour of the town of Berga
3. A pony ride with views of the mountain
4. Visit to the Shrine of Queralt
5. Spa session at the hotel
6. Visit a shelter by cable car
7. Winter and summer sports
8. The beach at La Molina

1

ENJOY THE DRAMATIZED FIGHT BETWEEN GOOD AND EVIL

This small museum tells a great story repeated through times and cultures. Kids will enjoy seeing La Patum figures, and grown-ups can delight in the history of a festival declared a Masterpiece of the Oral and Intangible Heritage of Humanity by UNESCO.

WHERE

LA PATUM MUSEUM, BERGA

+INFO

BERGA TOURIST INFORMATION OFFICE

3

A PONY RIDE WITH VIEWS OF THE MOUNTAIN

This equestrian centre is very near Berga, and offers pony rides for children. If you go with older kids, you may have the option to go riding on horseback as a family, with an instructor. You can also stay at a holiday house right beside it.



WHERE

VILAFORMIU EQUESTRIAN CENTRE

+INFO

VILAFORMIU EQUESTRIAN CENTRE

4

VISIT TO THE SHRINE OF QUERALT



Known as the balcony of Catalonia, this shrine is located at the top of the Queralt Mountain Range, at an altitude of 1,200 metres. It is well worth going to the top to enjoy excellent views of the region of El Berguedà. There is a car park to leave the car and a cable car to get up there without knocking yourself out too much :-)

WHERE

SHRINE OF QUERALT, BERGA

+INFO

BERGA TOURIST INFORMATION OFFICE

2

A TOUR OF THE TOWN OF BERGA

The Tourist Information Office will recommend you do the *Un tomb per Berga* tour of the town, as it is a great way for kids to learn a little of the history of Berga while they walk. Marked with plaques with children's illustrations, kids will enjoy following the clues while they learn.



WHERE

STARTS AT THE BERGA TOURIST INFORMATION OFFICE

+INFO

BERGA TOURIST INFORMATION OFFICE

5

SPA SESSION AT THE HOTEL

There's no better way to finish a day of skiing on the mountain than to let yourself be pampered in the warm waters of a spa. And better still if it's just a step away from your hotel room, so you can just slip on your PJs afterwards and fall straight to sleep!

WHERE

HOTEL SOLINEU, LA MOLINA

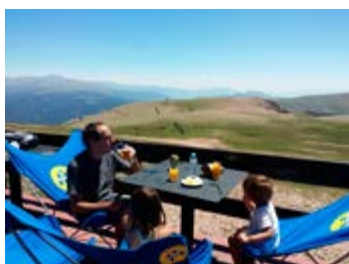
+INFO

HOTEL SOLINEU

6

VISIT A SHELTER BY CABLE CAR

The highest shelter in the Pyrenees is at an altitude of 2,537 metres, and the route to it can be made shorter by taking a cable car. For kids, it will be a unique feeling to experience being above the trees and seeing everything from above – something to remember for sure!



WHERE

NIU DE L'ÀLIGA SHELTER

+INFO

LA MOLINA

7

WINTER AND SUMMER SPORTS

La Molina is one of the ski resorts that is best suited to welcoming families, and not just in winter! You'll find plenty of sports and leisure activities around its lakes.



WHERE

LA MOLINA SKI RESORT

+INFO

LA MOLINA

8

THE BEACH AT LA MOLINA

This is a new area of the lake in La Molina, conceived for families with kids. In the summer, children can enjoy a variety of water activities, while adults sunbathe or play in a beach volleyball tournament.

WHERE

LA MOLINA SKI RESORT

+INFO

LA Cerdanya's Beach

ADDRESSES

BERGA LA MOLINA

Oficina de Turisme de Berga
Carrer de la Mare de Déu dels
Àngels, 7, Berga
TEL 938 21 11 38
www.turismeberga.cat

Casa Badó
Casa rural
Camí de Pedret, s/n
Segona entrada de Berga,
direcció Pedret.
La primera rotonda a
mà dreta
TEL 93 821 03 83
93 823 11 39
605 090 715
[Casa Badó](http://CasaBadó)

Frankfurt Berga
Passeig de la Indústria, 18
www.frankfurtberga.com

Restaurant Mikado
C. Pere III
93 821 21 06

Centre Equestre Vilaformiu
TEL 616 757 658
www.hipicavilaformiu.com

Santuari de Queralt
Berga
www.turismeberga.cat

Restaurant els Roures
Ctra de Rasos de Peguera, 4
Castellar del Riu
TEL 93 821 35 61
www.turismeberga.cat

La Casa de la Patum
Plaça del Doctor Saló, 6
Berga
TEL 93 821 13 84
www.turismeberga.cat

Hotel Solineu
Avda. Supermolina, 7,
17537 - Alp
TEL 91 275 4913
www.hotel-solineu-la-molina.com

Estació d'Esquí La Molina
17537 La Molina (Girona)
TEL 972892031
www.lamolina.cat

Restaurant El Bosc
A l'Estació d'Esquí de La
Molina 17537 La Molina (Girona)
TEL 972 892 912

COSTA BARCELONA

Hotel Tahití Playa
Passeig Marítim, s/n, 08398
Santa Susanna
TEL 937 03 22 00
www.tahitiplaya.com

Nou Ranxo
Centre equestre
Carrer de la Riera s/n 08398
SANTA SUSANNA - Barcelona
www.nouranxo.com

Restaurant Hotel Stella & Spa
Carrer Puntaires, 1
TEL 937671452
www.hotelstellapineda.com

Restaurant La Gàbia
Pg. de Manuel Puigvert, davant
del Carrer Creus
TEL 93 769 51 85
www.lagabiaclella.com

Hotel Bernat
Carrer del Turisme, 42, 08370
Calella - TEL 937 66 59 60
www.hotelbernatcalella.com

Restaurant la Torreta
Parc Francesc Macià
Av. Costa Brava, 79
Malgrat de Mar (Maresme)
TEL 937 61 05 46
www.restaurantlatorreta.com

**Oficina de Turisme de Santa
Susanna**
Plaça Catalunya, s/n
Santa Susanna
937 67 92 50
www.stasusanna-online.com

**Oficina de Turisme de Malgrat
de Mar**
Carrer Carme, 30, 08380
Malgrat de Mar, Barcelona
937 65 44 13
www.turismemalgrat.com

**Oficina de Turisme de Pineda
de Mar**
Plaça de Catalunya (Can
Comas)
08397 Pineda de Mar
Tel. 93 762 50 38
www.pinedademarturisme.com

Oficina de Turisme de Calella
Carrer de Sant Jaume, 231,
08370 Calella, Barcelona
937 69 05 59
www.calellabarcelona.com

COSTA BRAVA SUD

Oficina de Turisme de Blanes
Plaça Catalunya, s/n,
17300 Blanes, Girona
TEL 972 33 03 48
www.visitblanes.net

Hostal Sa Malica
Carrer St. Andreu de la Palomera
2 - 17300 Blanes - TEL 94 972
355 093 / +34 618 237 866
www.samalica.com

Jardí Botànic de Marimurtra
Passeig Carles Faust, 9,
17300 Blanes, Girona
TEL 972 33 08 26
www.jbotanicmarimurtra.org

Restaurant Can Ton
Carrer Sant Andreu de Sa
Palomera, 8 - TEL 972 33 49 38

**Oficina de turisme de Lloret
de Mar**
Av. Alegries, 3
17310 Lloret de Mar, Girona
972 36 57 88
www.loretdemar.org

**Oficina de Turisme de Sant
Feliu de Guíxols**
Plaça del Monestir, S/N
17220 Sant Feliu de Guíxols,
Girona
TEL 972 82 00 51
www.visitguixols.com

Camping Sant Pol
Carrer Dr. Fleming, 118,
17220 Sant Feliu de Guíxols
TEL 682 62 79 00
www.campingsantpol.cat

Jardí Botànic Santa Clotilde
Paratge de Santa Clotilde.
17310, Lloret de Mar
TEL 972 370 471
www.lloretdemar.org

Forca 3
Centre d'activitats de vela
Jardins Juli Garreta s/n
Sant Feliu de Guíxols
TEL 617 870 074
www.forca3.net

Restaurant Marabú
Passeig del Mar 35,
Sant Feliu de Guíxols
TEL 972 32 10 23
www.restaurantmarabu.com

Restaurant Locanda di Nonna Flo

Plaça Sant Pere 1,
Sant Feliu de Guixols
TEL 972 82 08 03
www.lalocandadinonnaflo.com

Oficina de Turisme de Castell-Platja d'Aro

Carrer Mn. Cinto Verdager, 4
17250 Platja d'Aro
(Castell-Platja d'Aro)
www.platjadaro.com

Hotel Platja D'Aro

Passeig Marítim, 102,
Platja d'Aro
972 81 70 54
www.hotelpatjadaro.com

Valldaro Campings & Bungalows

Carrer del Camí Vell, 63 -
Apart. 57 - 17250 Platja d'Aro
Girona
TEL 972 817 515
www.valldaro.com

VALLS D'ANEU

La Posada d'Àneu B&B**

Carrer València, 5, 25580 Esterri
d'Àneu, Lleida
TEL 973 62 6 001
www.posadadaneu.com

Restaurant del Hotel Trainera

Carrer Major, 54,
Esterri d'Àneu, Lleida
TEL 973 62 67 89
www.hoteltrainera.com

Estació d'Esquí d'Espot

Ctra. Berradé, s/n, Espot
TEL 973 62 40 58
www.skipallars.cat

Restaurant Joaquim

Plç. Martí, s/n, Espot
TEL 973624009

Centre de Fauna de Món Natura Pirineus

Son, Alt Àneu TEL 973 62 67 22
www.monnaturapirineus.com

Casa de l'Òs Bru Isil

Casa Sastrés, Isil (Alt Àneu,
Pallars Sobirà)
TEL 973 08 30 44

Restaurant Hotel Lo Paller

C/Major, 46, València d'Àneu
TEL 973 62 61 29
www.lopaller.com

Hostal Vall d'Àneu

C/Major, 44, Esterri d'Àneu
TEL 973 62 60 97
www.hostalvalldaneu.com

Ecomuseu de les Valls d'Àneu

C/ del Camp, 20-22, Esterri
d'Àneu- www.ecomuseu.com

Hotel Poldo

Av. Valls d'Àneu, s/n,
La Guingueta d'Àneu
TEL 973 62 60 80
www.hotelpoldo.com

PRADES MOUNTAINS AND PORT AVENTURA

Oficina Turisme Capafonts

C/ Les Font, 7, 43634,
Capafonts, Tarragona
TEL 977 868 204
977 868 049
www.capafonts.cat

Somianatura Alberg Turisme Rural

Travessera de les eres 2,
43364, Capafonts, Tarragona
TEL 977 868 227
www.somianatura.net

Davall Plaça Hotel Restaurant

C/Ferratgetes, s/n, 43364
Capafonts, Tarragona
Tel 654 030505 - 977 868378
www.davallplaca.com

La Teva Ruta

TEL 638 027 366
www.latevaruta.com

Menjador Rural Ca la Teresa

C/Major, 12, 43364 Capafonts,
Tarragona - Tel. 977 86 83 41
680 63 29 56
www.facebook.com/calateresa

Sobre Rodes

C/Major, 12, local, 43364,
Prades-Tarragona
Tel 676 316 664 / 617 989 833
sobrerodesprades.com

Restaurant La Botiga Habitacions

Plaça Major n. 14 PRADES
Tarragona
TEL. 977 86 83 21
hotelrestaurantlabotiga.com

Restaurant El Grèvol

C/Fonts, 11 43364
Capafonts-Tarragona
TEL 977868045

Mas Fortet

Carretera d'Alcover a
Capafonts, km 20 - 43364
TEL 93 205 36 67
977 86 80 01

Restaurant Brugent

Comte De Prades, 2,
43459, Farena- Tarragona
TEL 977 26 91 70
649 476 196

PortAventura Parc d'Atraccions

Avinguda de l'Alcalde Pere
Molas, km 2, 43840 Vila-seca
Tarragona - Tel 902 20 22 20
www.portaventura.es

COSTA BRAVA NORD

Camping Intercontinental de Calonge

Avda. d'Andorra s/n
(Ctra - 253 km 47) 17251,
Calonge
TEL 972 651 233
www.intercalonge.com

Oficina de Turisme Calonge-Sant Antoni

Av Catalunya, 26
17252 Sant Antoni de Calonge
TEL 972 661 714
www.calonge-santantoni.com

Mas Molla

C/Mollà, 17251 Calonge, Girona
TEL 972 65 01 36
www.masmolla.com

Hípica Unicorn

Mas Muní, s/n 17251 Calonge
Girona
Tel 679 10 72 22
www.hipicaunicorn.com

Restaurant Serrano

Passeig Josep Mundet 17, 17252
Sant Antoni de Calonge-Girona
TEL 972 65 21 82

Oficina de Turisme de l'Estartit

Passeig Marítim, s/n
17258 L'Estartit
Tel. 972 75 19 10
www.visitestartit.com

Oficina de Turisme de Torroella de Montgrí - Museu de la Mediterrània

Carrer d'Ullà, 31 - 17257 Torroella
de Montgrí - Tel. 972 75 51 80
www.visitestartit.com

Oficina de Turisme de Torroella de Montgrí - Espai Ter

Carrer Riu Ter, 1 - 17257 Torroella
de Montgrí - Tel. 972 11 91 00
www.visitestartit.com

Oficina de Turisme de Roses

Avinguda de Rhode, 77-79
17480 Roses- Girona
TEL 902 10 36 36
972 25 73 31
visit.roses.cat

Hotel Panorama

Avinguda de Grècia, 5 - 17258
L'Estartit, Girona - 972 75 10 92

L'Estrop Restaurant

Avd. Rhode, 147, 17480
Roses - Girona
TEL 972 256 007
www.estrop.es

SK Kayak

Passeig Marítim, 4, 17490
Llançà, Girona
www.kayakcostabrava.com/es

VALL DE BOÍ

Oficina de turisme de Vall de Boí

Passeig de Sant Feliu, 43
25527 Barruera
TEL 973 69 40 00
www.vallboi.cat/ca

Centre del Romànic de la Vall de Boí

Camí del Batalló, 1
25528 Erill del Vall - 973696715
www.centreromanic.com

Parc Nacional d' Aigüestortes

Carrer Graieres, 1- 25528 Boí
TEL 973696189
parcsnaturals.gencat.cat/es/aiguestortes

Hotel Manantial

Afueras, s/n, 25528 -
Caldes de Boi, Lleida (Spain)
TEL 973 69 62 10
www.caldesdeboi.com

Restaurant El Caliu

Ctra. De Pistes s/n
25528 Taüll
973696212
www.elcaliutaull.com

Restaurant Higinio

Ctra de Caldes s/n - 25528 Boí
TEL 973696039
www.arenysboi.com

Hotel i Balneari

Caldes de Boí
Carrer Afueras, s/n - 25528
Caldes de Boí
973 69 62 10
www.caldesdeboi.com

COSTA DAURADA

Oficina de Turisme de Salou

Passeig Jaume I, 4 Xalet
Torremar - 43840 Salou
977.35.01.02 o 977.35.35.55
www.visitsalou.eu

Restaurant Les Barques

C/Colón, 19 - 43840 Salou
TEL 977 351 566
www.lesbarques.es

Camping Joan de Cambrils

Urbanització La Dorada.
Passeig Marítim, 88, 43850
Cambrils
TEL 977.364.604
www.campingjoan.com

Oficina de Turisme de Cambrils

Passeig de les Palmeres s/n
43850 Cambrils
977.79.23.07
www.cambrils.cat/turisme

Jumpland Aventura Ecològica

Camí de Vilafortuny, 43850
Cambrils
TEL 877.44.22.22
www.jumplandaventura.com

Restaurant Acuamar

C/Consolat de Mar, 66
Tel: 977 36 00 59
www.acuamar.com

Creuers Costa Daurada

Avda. Diputació 15 - 43850
Cambrils - Tel. 977 363 090
www.creuerscostadaurada.com

Restaurant El Pósito

Plaça Mossèn Joan Batalla
Tel: 977 36 96 04
www.elposito.com

Ciudadella Ibèrica de Calafell

Carretera C-31 km. 141 - 43820
Calafell
TEL 977.694.683
www.calafellhistoric.org

Escola de Vela de Calafell

Varador del Club Nàutic de
Calafell (a prop de l'hotel Kursaal)
Passeig Marítim s/n - 43882
Segur de Calafell

Restaurant La Barca de Ca l'Ardet

C/Marinada, 2 - Urb Mas Mel
43820 Calafell
Tel 977 69 15 59
www.labarcadecalardet.com

Casa Barral

Passeig Marítim Sant Joan de
Déu, 18 ; 43820 Calafell
Tel 977 69 90 11
calafell.cat/serveis/cultura/museu-casa-barral

l'Espurna de Cambrils

Carrer Pau Casals 39 - 43850
Cambrils
TEL 977 363 127
<http://www.catalunya.com/restaurant-lespurna-17-14001-14458>

Oficina de Turisme de La Pineda Platja

Passeig Pau Casals 65 - 43481
La Pineda Platja
TEL 977.373.037
www.lapinedaplatja.info

Aquopolis

Passeig Pau Casals, 65 43481
La Pineda (Vila-seca)
www.costa-dorada.aquopolis.es

Port Aventura Park

Avinguda de l'Alcalde Pere
Molas, km 2 - 43840 Vila-seca
TEL 977.77.90.00
www.portaventura.es



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